

ISUPPORTED HOUSING CASE STUDY

From Despair to Independence:
My Journey with
iSupportedHousing



Introduction

Life can take unexpected turns, and for many, those turns lead to places of struggle, isolation, and hopelessness. For me, the journey was filled with pain—addiction, homelessness, and the devastating loss of my children. I was alone, miles away from home, and had just discovered I was pregnant. My mental health was fragile, and I couldn't see a way forward.

But then, everything changed. Thanks to iSupportedHousing, I was given the second chance I so desperately needed. What started as a place to stay soon became a foundation for a new life. The support I received helped me break free from my past and build a future I never thought possible.

A Safe Place to Call Home

When the homeless team connected me with iSupportedHousing, I wasn't just given a roof over my head—I was given a fresh start. They provided me with a beautiful little flat, a safe space where I could prepare for my baby's arrival. It was the first step in turning my life around, and they were with me every step of the way.

But the support didn't stop there. iSupportedHousing gave me the tools and guidance to rebuild my life from the ground up.

A Life Transformed

Over the course of 15 months, I went from feeling completely lost to living a stable, independent life. iSupportedHousing didn't just provide temporary support; they gave me the skills and confidence to move forward on my own.

Today, I am proud to say:

- I have my beautiful little boy in my full-time care.
- I am living independently in my own permanent home after nearly five years of instability.
- I spent Christmas with my other children and family for the first time in three years.

This journey wouldn't have been possible without the incredible support of Sue, Kat, Cassie, Cache, and Vicki. They are true miracle workers, and I will forever be grateful for the role they played in my transformation. If you or someone you know is struggling, iSupportedHousing is more than just housing—they are a lifeline to a better future. I am living proof that with the right support, anything is possible.



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