

ISUPPORTED HOUSING CASE STUDY

Supporting Individuals in
Recovery and Reintegration



Introduction

Georgina O'Neill (GO) was referred to our program by the Homeless Team and a drugs worker specialising in recovery support. Having successfully completed a six-month drug rehabilitation program, GO faced homelessness and pregnancy upon her placement with us. At the time, she had been clean from drugs and alcohol for five months and was four months pregnant. GO actively engaged with her sponsor and attended recovery meetings. A tailored support plan was implemented to address her specific needs.

Support Plan Objectives

- Maintain stable housing.
- Collaborate with children's services, as four of her children were placed with their grandmother.
- Work with a new social worker for her baby.
- Engage with family support workers.
- Encourage and prompt attendance at recovery meetings to prevent substance use.
- Manage finances and address past debts.
- Plan for future independent living.

Progress After 15 Months

- GO has rebuilt a healthy relationship with her older children and spent Christmas Day with all her children for the first time in three years.
- Her baby, now one year old, has been out of children's services supervision since the baby was nine months old.
- Family support workers are no longer required.
- GO has remained substance-free and passed all random drug tests.
- She continues to attend recovery meetings for ongoing support.
- GO has maintained a stable home environment.
- Her financial management has improved, with all bills up to date.
- She has successfully secured a new two-bedroom home for herself and her baby, with move-in scheduled for January 23, 2025.
- GO has developed skills in setting boundaries and recognising triggers related to past trauma.



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